

Partnering to improve health for all.

Foundation *for* Healthy Communities

e-News October 2019

Executive Director's Message

We're getting excited for our Annual Meeting, being held in partnership with the New Hampshire Hospital Association at the OMNI Mt. Washington Hotel October 20 - 22, 2019. Every fall, our premier event brings together healthcare leaders and community partners to hear from exceptional speakers on ways to move health care forward. This year we'll have both national and local experts who'll lead discussions on the challenges facing healthcare leaders, as well as plenary sessions that will highlight statewide efforts on behavioral health, the impact of diversity and inclusion in healthcare leadership, strategies to ensuring workplace resilience and more.

After months of planning and engagement of various stakeholders, we are looking forward to sharing highlights of our new strategic plan! We have enjoyed the opportunity to solicit feedback from partners across the state on the valuable role the Foundation plays in advancing health in New Hampshire, and how we can continue to have impact in the years ahead. I look forward to sharing more information in the near future, starting with an update at the Annual Meeting.

More information about the Annual Meeting and the agenda is available [online](#), and we look forward to seeing you in October!



Peter Ames, MPH
Executive Director

[Click here for more information on the 2019 Annual Meeting](#)



Creating a *Healthier*
New Hampshire

ANNUAL MEETING
OCT. 20-22, 2019

Annual Meeting Session Highlight: Dr. Knitasha Washington President & Founder, ATW Health Solutions

Plenary Session: Monday, October 21, 2019

In her plenary session, *The Equity Mandate for Today's Healthcare Delivery System*, Dr. Knitasha Washington will explain the important role equity in health care plays in quality improvement efforts; describe effective approaches health service organizations have taken to integrate equity into their organizational quality strategies; and identify strategies and

resources to eliminate disparities and improve outcomes in clinical conditions such as readmissions, heart disease, and diabetes. After her plenary, Dr. Washington will lead a discussion on the *Grit, Grind and Grace of Women in Leadership*, and how gender equity in business and healthcare are essential to the advancement of improvements in outcomes, as well as systems sustainability for our future generations during the Women's Executive Leadership luncheon.



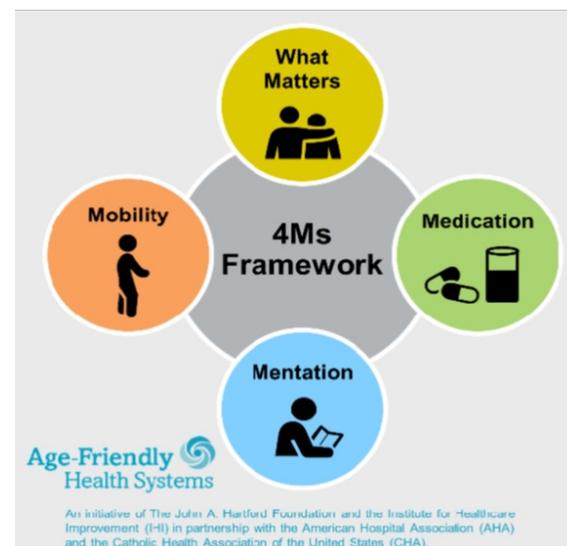
A nationally recognized healthcare change agent with a vision to transform our healthcare system to a more values-driven system, Dr. Washington's thought leadership has influenced healthcare standards, policy and systems optimization through her work in patient safety, patient and family engagement, and health equity. With a deep expertise in healthcare operations and administration, married with a long history of consulting engagements, Dr. Washington has helped to inform innovative solutions for today healthcare challenges and the standards we have to raise to influence tomorrow.

[Click here for more information on Dr. Knitasha Washington](#)

Age-Friendly Health Systems Addressing the Unique Needs of Older Adults

Hospitals and health systems are committed to improving the health of people at every stage of life. There are more than 46 million Americans age 65 and over, a number projected to double by 2060, creating the need for age-friendly health care that will better serve our aging demographics.

Age-Friendly Health Systems is an initiative of The John A. Hartford Foundation and the Institute for Healthcare Improvement, in partnership with the American Hospital Association (AHA) and the Catholic Health Association of the United States. The goal is to rapidly spread the "4Ms" Framework — **What Matters, Medication, Mentation and Mobility** — to 20% of U.S. hospitals and medical practices by 2020.



To help caregivers prepare for the future, AHA has created the **Age-Friendly Health Systems Action Community**, a seven-month virtual community of hospital-based and ambulatory teams that will test and adopt the 4Ms Framework, widely recognized as essential elements of high-quality care for older adults.

In partnership with the AHA and its Age-Friendly Health Systems Initiative, the NH Partnership for Patients is working with hospitals throughout the state to **enroll the hospital or health system by November** and take part in this important initiative. Beginning this fall, the AHA Action Community will meet regularly online and participate in peer coaching webinars and ongoing testing of age-friendly interventions.

Most of us will care for an older family member during our lifetime. We must all prepare ourselves to make care better and friendlier for older adults, and the AHA Age-Friendly Action Community is a great step in that direction. **Together, let's create Age-Friendly Health Systems.**

[Learn more about Age-Friendly Health Systems](#)

Foundation for Healthy Communities Recognized for Achievements in Quality Care and Value by the American Hospital Association



Shining a spotlight on quality care and value, the American Hospital Association Center for Health Innovation recognized the Foundation for Healthy Communities with an honorable mention for the **2019 AHA Performance Improvement Award** for hospital engagement in the AHA/HRET Hospital Improvement Innovation Network, part of the Centers for Medicare & Medicaid Services' Partnership for Patients program. Selected organizations were celebrated for creating a culture of patient safety, delivering value, and executing evidence-based practices as part of their day-to-day operations.

"As expectations on health care performance and growth are rising dramatically, the Foundation for Healthy Communities is making great strides to help hospitals and health systems reach a new level of quality care, patient safety and value," said Marie Cleary-Fishman, Vice President of the AHA Center for Health Innovation's Performance Improvement. "They have found effective ways to foster operational excellence, communication, and engagement with desirable outcomes."

Other Allied Associations who received honorable mentions for their work were Florida Hospital Association; Hospital Association of Rhode Island; Nebraska Hospital Association and Texas Hospital Association.

"We're very proud of this honor in recognition of the ongoing efforts of our member hospitals to increase patient safety and improve the quality of care they deliver," stated Anne Diefendorf, MS, RDN, LD, Associate Executive Director and Vice President of Quality and Patient Safety at the Foundation. "The NH Partnership for Patients initiative has achieved significant results over the past 8 years, and we look forward to continuing these activities as part of this collaborative, nationwide effort."

To learn more about the AHA Center for Health Innovation's performance improvement initiatives, visit www.aha.org/center/performance-improvement.



A Community Approach to Patient & Family Engagement

The Foundation for Healthy Communities is excited to announce a new curriculum program to help healthcare institutions and other organizations build effective patient and family engagement programs.

Engaging those with lived experience is an effective strategy to improve patient safety, quality and experience across healthcare settings. Acute care hospitals and other healthcare organizations have been actively engaging Patient/Family Advisors (PFAs) at the organizational and governance levels, however, the extent to which staff and PFAs are prepared to work effectively together varies widely. With adequate preparation and training, staff and PFAs can form authentic partnerships that not only improve an organization's culture of safety and engagement, but

Contact us to learn more
about the Patient &

A Community Approach to Patient and Family Engagement, funded by the Endowment for Health, is an online tool that is designed to create a better understanding of how those with lived experience could be better engaged across the continuum of care, particularly at the organizational and governance level of healthcare settings. Identified as a critical gap, this online training provides a guide for developing Patient and Family Engagement (PFE) programs in all healthcare settings, empowering organizations with the knowledge, skills and tools to develop PFE expertise and enhance their engagement programs. Learn more by visiting us [online](#).

**SAVE THE DATE:
Advance Directives Workshops**

The Foundation for Healthy Communities is pleased to announce two upcoming workshops designed to assist professionals in healthcare settings whose work includes facilitating discussions with patients which lead to completion of Advance Directives, including Provider Orders for Life Sustaining Treatment (POLST):

Advance Care Planning Facilitator Training

October 29, 2019 8:30AM - 4:30PM

**Provider Orders for Life Sustaining Treatment (POLST)
Facilitator Education Program Certification Workshop**

November 4, 2019 8:30AM - 4:30PM

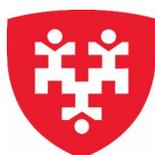
The Foundation has served as the leading resource for advance care and end of life care planning, including POLST, for patients and their families, medical providers, hospitals and health systems throughout the state since 1998. The Foundation was recognized in 2018 by the [National POLST Paradigm Task Force](#) (NPPTF) as a nationally endorsed state POLST Program for meeting their requirements, standards and fundamental principles. This national designation is only given to one entity per state that has developed strategies for statewide implementation and quality assurance with regard to patient assistance and care.

[Click here](#) to learn more about the upcoming workshops and register today!



*Register today for the
upcoming Advance
Directives Workshops*

**The Foundation for Healthy Communities is grateful for the continued partnership
of Harvard Pilgrim Health Care and New Hampshire Healthy Families.**



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