



Introduction:

A grant from the Foundation for Opioid Response Efforts (FORE) has provided an opportunity to explore, in partnership with patients and families, methods to improve care and treatment for people admitted, for any reason, to the hospital who also have problems with substance use. This is a quality improvement pilot project which will happen in four acute care hospitals with learnings being disseminated statewide.

Including the Lived Experience:

An important part of this project is the inclusion of all voices. This project will be using an Experience Based Co-Design model, which is a way to engage patients, families, staff, and clinicians, in the design, implementation and evaluation of initiatives to address the needs of patients. We want to hear from many community members. This is where your help is needed!

We are looking to include individuals who live in rural areas, have an Opioid/Substance Use Disorder (O/SUD) or are in recovery from an O/SUD and have been hospitalized in the last 2 years for any reason. We want to include participants who are representative of the community you serve. We are looking for participants willing and able to participate in two meetings about 2 hours long which will take place in the Fall of 2020. Participants will receive a gift card for each meeting they attend.

How can you help?

We want to hear from those with lived experience!

- Share the Participant Project Invitation within your communities, among colleagues, volunteers, clients or members.
- Encourage participants to contact Carrie McFadden, Project Coordinator *or* with the individuals' permission share their name and contact information with Carrie. Gift cards, meeting invitations and Zoom links will be sent electronically. Individual contact information will not be shared or used for any other purpose.

If individuals want to participate but are not able to access email or Zoom other accommodations can be made on an individual basis. All collected ideas and information about patients and families will be held in confidence. Thank you for your willingness to share and assist in recruiting for this quality improvement project.

More information on the Experienced Based Co-Design (EBCD) Model:

Consists of a series of meetings including the following:

1. Patients, families, staff and clinicians first meet in separate focus groups with the goal of systematically identifying the pain point and opportunities for improvement. Problem statements will be generated and prioritized.
2. Combined Co-Design Group: focus groups that will be combining hospital staff, clinicians with former patients to generate and prioritize solutions.
3. Learning Collaborative and Co-Design Work Groups: These will be on going meetings to implement and evaluate the solutions generated from the Co-Design groups. Patient participants will be invited to attend these meetings.
4. All findings will be shared among all community partners.

Due to COVID-19, the groups will be held virtually through Zoom.

Please reach out with any questions.

Tanya Lord PhD, MPH
Director of Patient and Family Engagement
Foundation for Healthy Communities
tlord@healthynh.org
(603) 930-2632

Carrie McFadden, MPH
Project Coordinator
Foundation for Healthy Communities
cmcfadden@healthynh.org
(603) 415-4275