

Partnering to improve health for all.

Foundation for Healthy Communities

July 2021

Executive Director's Message

As the pandemic continues on, much has been discussed regarding resiliency, burnout, and self-care and with good reason. Our healthcare heroes have gone above and beyond for an extended period of time to serve their patients and community, while at the same time often sacrificing their own self interests, health and safety.

Moreover, all of us have experienced the impact of the pandemic on our mental and emotional health, regardless of our field of employment. We know these challenges are exacerbated in populations dealing with behavioral health challenges. The Foundation facilitates several programs addressing behavioral health and it's clear that the pandemic continues to take a disproportionate toll on those with serious mental illness and/or substance use disorders. We know these challenges will persist even as we return to more frequent in person contact and are honored to serve these populations through our behavioral health projects alongside our dedicated partners.

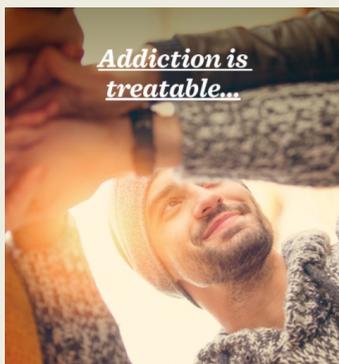
With your physical, mental and emotional health in mind, we hope that you take time during these summer days to get away, renew, and safely be among family and friends. However you define self-care, we hope that you are able to take part in the opportunities afforded to all during this time of year in New Hampshire.

Yours in Health,

Peter



Peter Ames, MPH
Executive Director



Substance Use Disorder Treatment Moves Forward

Ongoing Projects at 17 Hospitals
Serving Patients Statewide

The Foundation for Healthy Communities looks forward to continuing its work with New Hampshire hospitals in improving their ability to recognize, treat, and provide referrals for patients with a substance use disorder (SUD). This is made possible through a new contract amendment, approved by the Governor and Executive Council on June 30th. The new work shifts the focus to organization wide culture change, using patient and family engagement as a key strategy for driving quality improvement throughout the entire hospital.

Working with Dan Andrus, the Foundation's SUD Treatment Project Director, Dr. Tanya Lord, Director of Patient Family Engagement, and Carrie McFadden, FORE Grant Coordinator, will continue to provide resources and direction to hospitals to achieve this cultural change. The expanded scope of the work now includes all substance use disorders, enhances the ability of participating hospitals in applying principles of trauma informed care, integrates medical and behavioral health treatment, and emphasizes access to ongoing recovery support. In addition, this work also seeks to improve health equity with a focus on treatment for patients who identify as LGBTQ+ and BIPOC.

The Foundation received its first contract in 2016 which addressed treatment for opioid use disorder in emergency department and networked outpatient clinic settings, with this past year having added projects for patients in acute inpatient care. To date, 17 hospitals have been involved in 32 projects. Over 1,000 unique patients received care in outpatient practices, approximately 4,500 patients have received care in emergency departments, and over 800 patients received care in inpatient units.

NOMINATIONS NOW OPEN

New Hampshire Hospital Association & Foundation for Healthy Communities Annual Awards of Excellence

October 17 - 19, 2021 ~ OMNI Mt. Washington Hotel

The call for nominations for the NHHA & FHC Annual Awards of Excellence is now open for the awards listed below:

New Hampshire Hospital Association Awards

- James A. Hamilton Founder's Award
- President's Award
- Medical Staff of the Year Award
- Outstanding Trustee of the Year Award

Foundation for Healthy Communities Awards

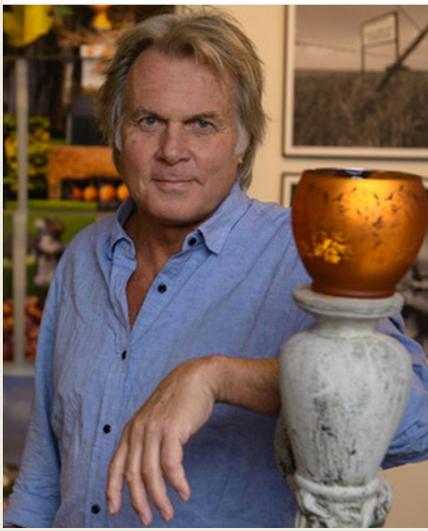
- Patient Safety & Quality Improvement Award
- Noah Lord Patient & Family Engagement Award

Nomination materials can be found [here](#) and can be emailed to info@nhha.org (NHHA Awards) and info@healthynh.org (FHC Awards) and **are due by Friday, September 17, 2021.**

Our 2021 Award Winners will be announced and celebrated during the awards ceremony on the evening of Monday, October 18th at this year's New Hampshire Hospital Association & Foundation for Healthy Communities Annual Meeting. More information about our annual meeting can be found [here](#), and should you have any questions about the event, registration or the awards please don't hesitate to contact us.



Submit Your Nomination
Today!



Jay Schadler

*Emmy Award-Winning
Journalist and former
Correspondent for ABC News*

FHC & NHHA Annual Meeting Session Highlight

Tuesday, October 19th ~ 9:00am

Jay Schadler, Emmy Award-Winning Journalist
Former Correspondent & Anchor for ABC News

For three decades, as a correspondent and anchor for ABC News, Jay reported across the globe for 20/20, Good Morning America, Nightline and World News Tonight.

Jay's candid and captivating keynotes illuminate the often tricky path we all travel as we try to balance work, life and change. It's a journey we all ultimately make—men and women, young and old. It might be triggered by the end of a career or the start of a new one. The beginning of a romance or the end of a marriage. The birth of a child, the death of a loved one. Any number of countless events signaling a major life transition. And just maybe a transformation. In the process, some of us get stranded... some get lost... some make it home. But make no mistake the journey is coming. And both risks and rewards await us as we set a new course; from who we have been... to who we might yet be.

Foundation for Healthy Communities | (603) 225-0900 | www.healthynh.org

STAY CONNECTED

