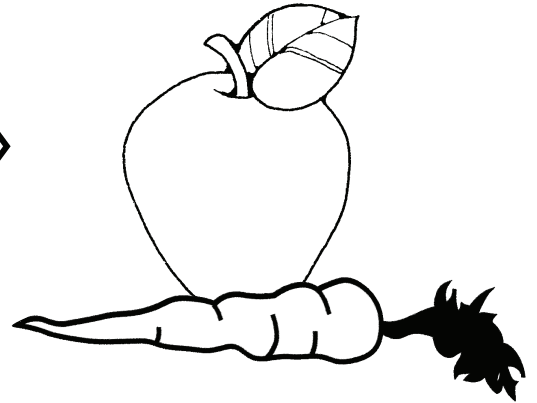


For Your Health

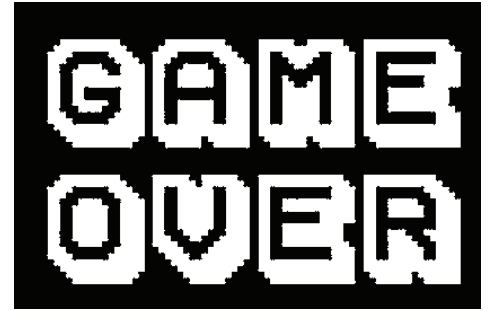
5

**Five or more servings
of fruits & vegetables**



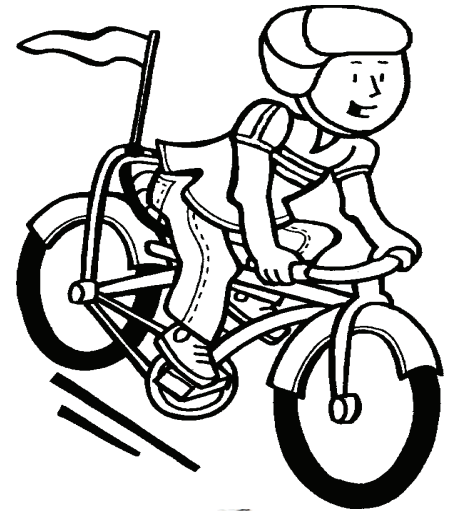
2

**Two hours or less of
screen time**



1

**One hour or more of
FUN physical activity**



0

**ZERO sugary drinks
More cool, clear water!**

