

Coloring and Activity Fun!



Draw your **favorite** activity:



Word Search!

L R Q L R E T A W D X
 L E A N S C R E E N S
 K G H U G O S A A J Y
 Q O O U H E C X A L X
 Q A R Z I T W C Y Z L
 A L M G I K D R H F K
 V S G V O L R J T K L
 E E I Z D B W M L Y M
 V T S T I U R F A J G
 Y M M I L K U H E T Q
 G H H B Q N Y Q H F F

Can you find these words in the jumble above?

Healthy	Milk	Lean Screens
Fruits	Water	Fun
Veggies	Activity	Goals

Why aren't bananas ever lonely?

Because they come in bunches!

What did the apple skin say to the apple?

I've got you covered!

What do you call an angry pea?

Grump-pea!

Word Scramble!

See if you can unscramble the words below!

1. SMEAG

2. YLTEHAH

3. ALFIMY

4. TUF SIR DAN GEVGIES

5. SELS NERCES MITE

6. SLYCAPHI VITIACTY

7. ROME LIMK NAD TREA W

1. Games, 2. Healthy, 3. Family, 4. Fruits and Veggies, 5. Less Screen Time, 6. Physical Activity, 7. More Milk and Water