

HEAL EDies School Award

Think your school is doing an outstanding job supporting healthy eating and physical activity among kids and staff alike? Then apply for the NH HEAL EDies Award!

Each year NH HEAL recognizes an outstanding school in New Hampshire that is creating a healthier environment that supports healthy eating and physical activity and, due to these efforts, is achieving positive results.

Criteria: While the criteria continues to evolve each year, below is a list of some of the key items we look for:

- Comprehensive School Wellness Policy that addresses healthy eating and physical activity guidelines and practices
- Active Wellness Committee who meets on a regular basis
- School administration, staff, students, parents and the community support and are actively engaged in healthy eating and active living efforts
- Multiple healthy eating and physical activity opportunities are provided to students and staff
- Systems are in place to measure progress/success

The HEAL EDies Award:

The winner of the HEAL EDies award is recognized at the annual New Hampshire “ED”ies award ceremony in June and receives a HEAL Plaque, “5-2-1-0” School Banner, \$500 prize and a bell.

How to Apply:

- Applications are made available on our website at www.HEALnh.org in December of each year and due the following January.
- Site visit to the finalists in March/April
- We announce the winner in May 1 and the winning school is recognized at the “ED”ies awards event in June

About HEAL:

Healthy Eating Active Living (HEAL) NH is a collaborative effort of philanthropic organizations, state agencies, and community partnerships dedicated to ensuring that the people of New Hampshire enjoy health and quality of life through healthy eating and active living. HEAL aims to foster implementation of healthy eating and active living interventions in schools, worksites, health care settings, food outlets, and cities/towns. Schools, which have a responsibility to build and foster healthy environments for students and school personnel, are vitally important to advancing HEAL in New Hampshire.

Funding for HEAL is provided by HNH Foundation, Endowment for Health, Anthem Blue Cross and Blue Shield Foundation, NH Charitable Foundation and NH Department of Health and Human Services. Learn more about HEAL at www.healnh.org.

For more information:

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