



CATCHy Games for Small Spaces!

During the winter months, it can be a challenge to find space to play active games. Often, the gymnasium is not available and the weather can be less than accommodating for outdoor activity. Keep in mind, however, that there are a number of games you can play in limited spaces such as classrooms, hallways, or the library. Top 10 examples from the CATCH Kids Club yellow activity box are:

1. **Indoor Fitness Trail** (OB* Card #294; NB* Card #391)
2. **Fitness Stations:** There is no card for this but see Hoop Stations on OB Card #174 (or NB Card #228) for an example of how stations work. You can use the stationary aerobic task cards in the Aerobic Games Section.
3. **Non-elimination Simon Says** (OB Card #298; NB card #395)
4. **Fitness Leader** (OB Card #304; NB Card #401)
5. **Fruit Salad** (OB Card #306; NB Card #403)
6. **Sit Down All Class Volleyball** (OB Card #310; NB Card #407)
7. **What's in a Name** (NB only- Card #409)
8. **Patterns** (NB only- Card #411)
9. **Aerobic Tic Tac Toe** (NB only- Card #43)
10. **Bean Bag Bucket Brigade** (OB Card #108; NB Card #133)

** NB - new box- received after September 2011; OB = old box- boxes received through September 2011*

If you have an idea for a small space activity, email it to Laura Hesse Moran at lh Moran@gmail.com so we can share it with all 90 NH CATCH Kids Club sites!