### Partnering to improve health for all.

Foundation for Healthy Communities

December 2022

### **Executive Director's Message**

All of us here at the Foundation for Healthy Communities wish you a joyful holiday season and a happy and healthy new year! Health and wellness are gifts that we strive for so that all people can enjoy life to the fullest, and we're grateful for your partnership in helping us advance these goals this past year.

We look forward to working with you and meeting new partners in 2023!

Yours in Health,

Peter



Peter Ames, MPH Executive Director

# Foundation for Healthy Communities Offering Health Insurance Assistance During Open Enrollment

With Open Enrollment currently going on and ending January 15, 2023, the Foundation for Healthy Communities is pleased to announce free health insurance navigation services to New Hampshire residents who need to apply for and enroll in health insurance through Medicaid, the Children's Health Insurance Program (CHIP) or the Health Insurance Marketplace.

The Foundation was awarded with another grant from the Centers for Medicare & Medicaid Services (CMS) to assist consumers navigating, shopping for, and enrolling in health insurance coverage for plan year 2023 through a Health Insurance Navigator. The Foundation's Navigator, Adrian Jasion, is available to individuals statewide to provide assistance to consumers in a number of different ways, including identifying the health insurance options available to them through the Marketplace free of charge.

If you or someone you know need health insurance, call Adrian Jasion, FHC Health Insurance Navigator, at (603) 415-4256 or email her at *ajasion@healthynh.org* to find out what insurance options are available today.

Open Enrollment ends January 15, 2023 so please feel free to share this with your partners and networks!



#### LOOKING FOR HEALTH INSURANCE FOR YOU OR YOUR FAMILY?

You and your children may be eligible for free or low cost health insurance through Medicaid, CHIP or for a special enrollment period through the Health Insurance Market Place.

#### OPEN ENROLLMENT November 1st, 2022 thru January 15th, 2023

To see if you & your family are eligible, call Adrian Jasion, Health Insurance Navigator, at the Foundation for Healthy Communities at (603) 415 4256 or email ajasion@healthynh.org

Through our free, grant funded program, we can help people in New Hampshire identify the right insurance options available to them. If you're looking for health insurance for you and your family, call us today.



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## New Hampshire Hospitals Provide Over \$594 Million in Community Investments

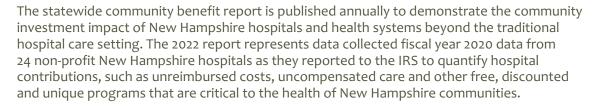
Foundation releases 2022 Community Benefit Report: An Overview of Hospital Charitable Activities

New Hampshire's hospitals provided more than \$594 million in community benefits in 2020, according to the 2022 Statewide Community Benefit Report: An Overview of Hospital Activities recently released by the Foundation for Healthy Communities.

Hospital community benefit programs are designed to provide increased access to care and address population health inequalities for vulnerable patients. This includes financial assistance provided, unreimbursed costs of patient care, free or low-cost immunizations, charitable contributions, family support services, health education and community building activities.

Community benefit investments include:

- · Health services for vulnerable or under-served people
- · Financial or in-kind support of public health programs, such as management of chronic diseases like asthma and diabetes
- $\cdot$  Donations of funds, property, or other resources that contribute to a community priority, such as obesity, substance abuse, or health care services for the homeless
- $\cdot$  Health care cost containment activities, like free health education programs that can help people manage their conditions without the need for more costly services
- · Health screening and prevention services



New Hampshire hospitals are leaders. They are partners. They are here in our communities—just for us. And with their light illuminating the path, together we can create better health for ourselves, our families, and our communities.



Download the 2022 Statewide Community Benefit Report



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