



and RESIDENTIAL TREATMENT FACILITY
(HHRTF)



Hampstead Hospital and Residential Treatment Facility



HHRTF Mission, Vision & Values

Mission Statement

To provide trauma-informed, patient and family centered mental health treatment in an accepting and supportive environment.

Vision

To be the Center of Excellence for mental health treatment of children, adolescents, and young adults.

Values

Compassion Collaboration Advocacy Dedication Safety



HHRTF Overview

- State took ownership in June 2022.
- Average census is 37 patients per day.
 - Efforts to continuously increase
- Waitlist average is 13 patients per day.
- Enhanced collaboration with Division for Children, Youth and Families and the Division for Behavioral Health.
- Patient & Family Satisfaction surveys demonstrate 90% of families are satisfied.
- Readmission rates remain extremely low at approximately 5% within 30 days.

Hampstead Hospital and Residential Treatment Facility

KEY ACCOMPLISHMENTS



•Hampstead Hospital Transitioned to State of NH Ownership June 8, 2022.

- Vendor assumed clinical operations under the oversight of onsite DHHS Leadership team.
- New Mission, Vision, and Values identified and socialized.
- HHRTF able to join in collaboration with the Integrated System of Care to improve identification of the appropriate level of care for children of NH in need of behavioral health services.



•Development of Human Infrastructure:

- Onboarded Executive Leadership Team
- Identified key positions needed to build the foundation of the organization to incrementally increase capacity and services.
- Instituted a recruitment plan for the key identified positions. Significant gains made



•Interagency development of first PRTF in New Hampshire:

- Program development completed
- Construction ongoing
- Go Live scheduled for 2023

Inpatient overview

- 3 Locked Units
- Young adult unit with 15 beds
- Adolescent unit with 21 beds
- Child specialty unit with 16 beds (Formerly developmental delay unit)



Who we serve

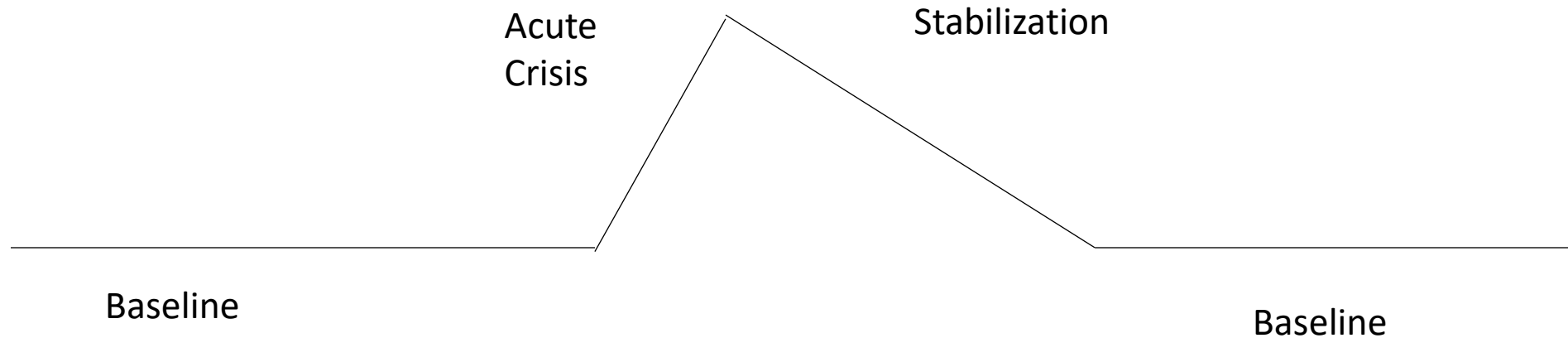
Children and young adults experiencing:

- Suicidal ideation
- Homicidal ideation
- ADHD
- Anger control problem
- Anxiety
- Bipolar Disorder
- Depression
- Grief/Loss Unresolved
- Low self-esteem
- Obsessive-compulsive disorder
- Oppositional defiant disorder
- Post traumatic stress disorder
- Substance abuse

Starting the Admission Process

- Child experiences an acute crisis (increase from baseline).
- Child is evaluated by mobile crisis or emergency department staff.
- Child must be evaluated to meet inpatient psychiatric treatment criteria.
- The evaluating team sends the crisis assessment to Hampstead Hospital admission department.
- Treatment team reviews for admission.
- National Suicide Prevention and Mental Health Crisis Lifeline 988. If you are seeking rapid response services within NH but have an area code other than 603, contact NH Rapid Response Access Point at 833-710-6477 or visit [NH988.com](https://www.nh988.com)

ACUTE CRISIS STABILIZATION



- Hampstead Hospital provides acute crisis stabilization.
- We support our patients in returning to baseline through medication adjustments and participating in therapeutic programming.
- Support patients and families with increasing after care supports.
- Coordinate with school districts to provide schoolwork and provide recommendations as needed.

Multidisciplinary Treatment Team

- Medication Provider (Psychiatrist, APRN)
- Social work
- Program Director
- Nursing
- Direct care staff
- On the specialty unit:
- Board Certified Behavior Analyst (BCBA)
- Education Director (Unless child exceeds 14 days out of school)

Average Length of Stay

- Average length of stay is 7-12 days.
- This includes weekends when treatment team and providers are not in the hospital.
- Provide a fast-paced treatment environment due to length of stay.
- Provide stabilization services versus extensive therapy and behavioral management due to length of stay.
- Full benefit of medications may not be seen for four to six weeks.

Services offered at HHRTF

- Psychiatric treatment (rule out or confirm diagnosis, treatment planning, and pharmacological interventions).
- Trauma informed care groups (psychoeducation and coping skills learning for emotion regulation)
- Post-hospitalization planning (outpatient based care or residential facility coordination)
- Applied Behavioral Analysis (for behaviors displayed Hospital setting)

Services offered at HHRTF (Cont.)

- Multidisciplinary programming including creative art and physical activities
- Educational Services
- Coordination and planning with patients' schools for continuation of learning while hospitalized.

Programming

Lincoln Unit: Adolescent unit

- Community Meetings
- Treatment focus assignments
- Therapeutic Group
- DBT Group
- Exercise

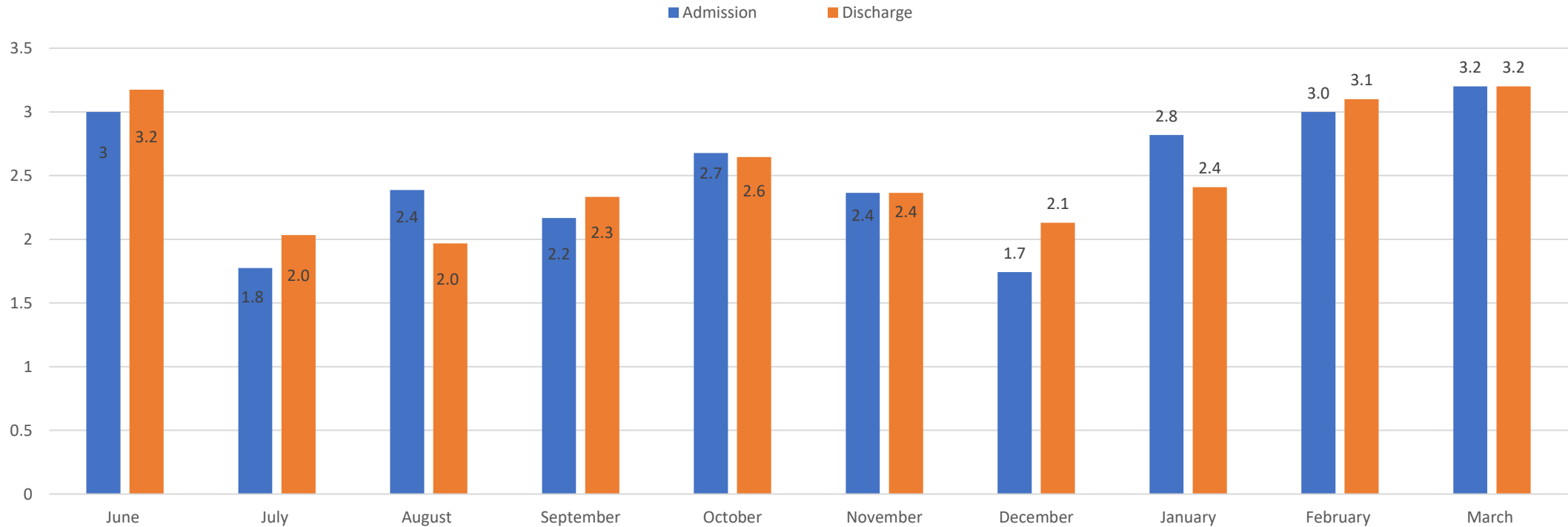
Pierce Unit: Specialty Unit

- Community meetings
- 3 hours of school (Mon-Fri)
- Therapeutic Groups
- Exercise

Residential Overview

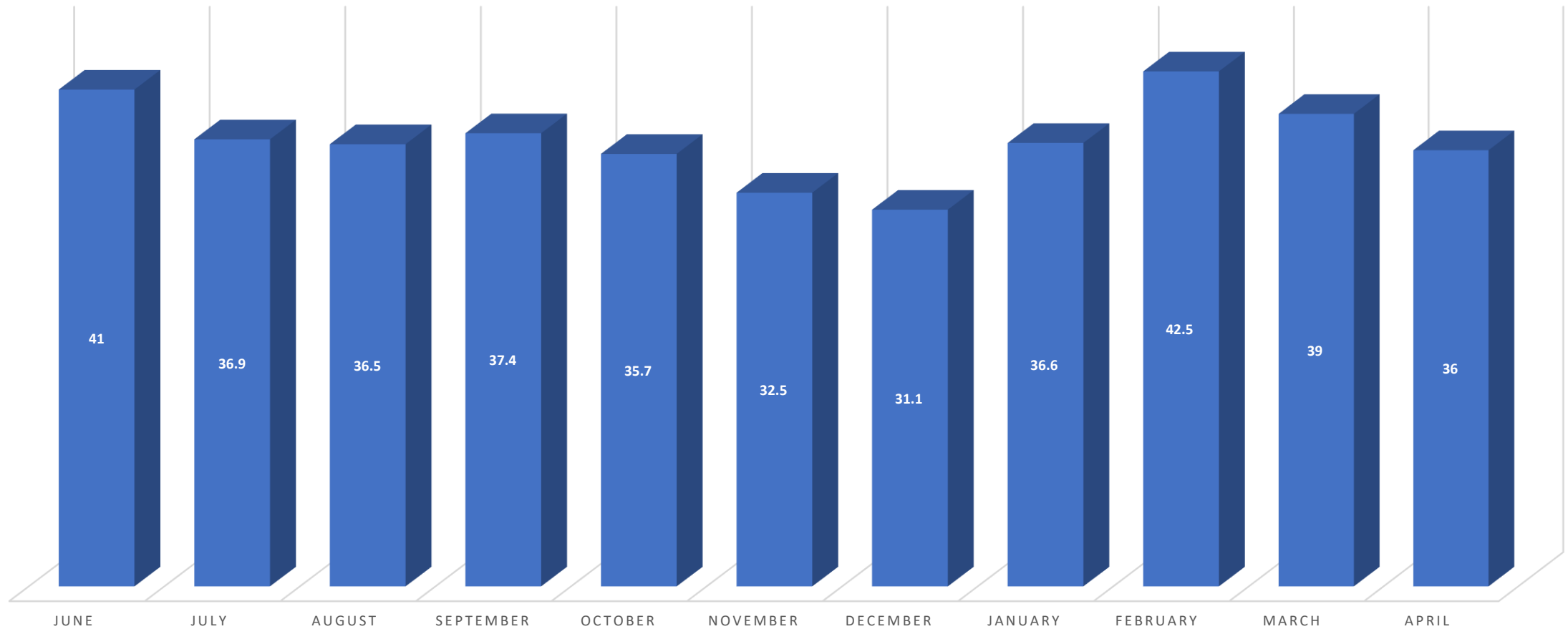
- Psychiatric Residential Treatment Facility (PRTF) to open 2023
- Level 5 treatment facility
- First in New Hampshire
- Children, adolescents, and young adults (ages 5 – 21)
- 12 patient capacity
- Family-driven and youth-guided
- Multidisciplinary team
- Multiple treatment modalities

Average Admission and Discharges



Average Monthly Census

AVERAGE CENSUS



Contact information

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