

## **POLST – A Medical Order – Facilitator Training**

*Virtual Four-Part Series: Mondays, September 15, 22, 29 and October 6<sup>th</sup> 2025  
12:00pm – 1:30pm \*\*Zoom Link will Be Sent to Attendees Prior to each Session*

A \$99.00 registration fee includes CE credits.

**Register online by Thursday September 11<sup>th</sup> :** <https://nhha.regfox.com/2025-facilitator-training-on-polst-a-medical-order->

The Foundation for Healthy Communities serves as the leading resource for advance care and end of life care planning, including **POLST**. On 8/31/2021 **POLST** became part of New Hampshire state law. **POLST** is a Portable Medical Order that directs medical care for a patient suffering from advanced illness and/or frailty. The success of using **POLST Medical Orders** depends on a skilled and knowledgeable team of providers and associated professionals who can help a patient decide what medical care they want, and what they do not want; and then translate that into an actionable **NH POLST** form. We are offering this **four-part series** via Zoom. Participants are expected to attend all four sessions and participate in the discussions.

**Who should attend:** : Physicians, Nurse Practitioners, Physician Assistants, Hospitalists, Social Workers, Case Managers, Long-term Care professionals and Administrators, Home Care, Palliative Care and Hospice professionals, Primary Care staff, EMS and EMT workers. This includes:

- Anyone working with those who have progressive serious illness.
- Anyone wondering about the appropriate use of a NH POLST form.
- Anyone who helps those living with progressive serious illness fill out a NH POLST form.
- Anyone who has come across challenging conversations with someone about a NH POLST Medical Order
- Anyone interested in tips on starting a conversation with patients and families about POLST.
- Anyone willing to be a mentor and POLST champion for colleagues and patients in their organization.

**What will be covered?** Our very knowledgeable speakers will provide information on everything from the purpose of POLST to the legal and practical considerations. The training will include instructions on how to fill out a NH POLST form as well as conversation strategies to help patients determine goals of treatment while building decision-making consensus among family members and the healthcare team. Training time will include case presentations, attendee ideas on handling challenging situations and practicing conversation skills.

**Instructors:** **Shawn LaFrance, MPH; Pat O'Connor, APRN, Michele Lovell, DNP, Phil Lawson, MD**

*Southern New Hampshire Area Health Education Center is an approved provider with distinction of nursing continuing professional development by the Northeast Multistate Division Education Unit, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.*

*Up to 6.0 contact hours Activity Number: 1568 (1.5 credits per session)*

*This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Southern NH AHEC and Foundation for Healthy Communities. The Southern NH AHEC is accredited by the ACCME to provide continuing medical education for physicians. Southern New Hampshire Area Health Education Center designates this live activity for a maximum of 6.0 AMA PRA category 1 Credit (s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.*

*This program has been approved for 6.0 Category A Continuing Education Credits, by the National Association of Social Workers, NH Chapter. CEU #4252*

*For other professionals: Up to 6.0 professional hours of continuing education.*